


# Isolation Creation Worksheet



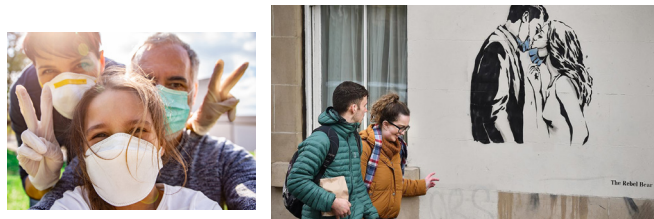
## A day in my life!

This week your challenge is to take **5 photographs** that show a day in your life at the moment - your "lockdown diary."

What you could use:

	<ul style="list-style-type: none"> <li>• A phone, iPad, or tablet or camera to take some photographs.</li> </ul>
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## Creating your photos

	<p>This week your challenge is to create a photo diary of your day, and choose <b>5 photographs</b> to share.</p>
 <p><a href="https://www.sookenewsmirror.com/news/covid-19-messages-of-support-and-positivity-pop-up-around-greater-victoria/">https://www.sookenewsmirror.com/news/covid-19-messages-of-support-and-positivity-pop-up-around-greater-victoria/</a></p>	<p>First, you could think about:</p> <ul style="list-style-type: none"> <li>• How does lockdown make me feel?</li> <li>• What am I doing differently each day since COVID-19?</li> <li>• What would I like to remember about this time?</li> </ul>
 <p>Getty Images      Jeff J Mitchell/Getty Images</p>	<p>Your photographs could be "selfies" or pictures you take of objects, scenes or people around you.</p>



<https://www.coventrytelegraph.net/news/coventry-news/more-your-kids-magnificent-rainbow-17991792>

You take photos of things on the street that you notice - rainbows in windows, or street art. Closed signs in shop windows.



<https://edition.cnn.com/2020/03/22/us/coronavirus-first-week-social-distancing-wrap-up-trnd/index.html>

You could take a photograph of you and things you notice going out for a walk or to the shops.

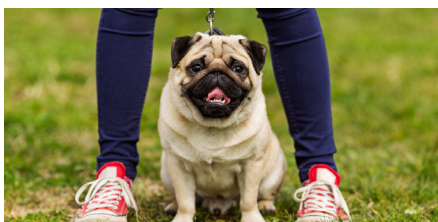
- Do you wear a facemask or gloves?
- Do you notice signs telling you to socially distance?



Thomas Dworzak, Magnum Photos

You could take a photograph of something or someone that you really miss.

Would you like to visit your favourite restaurant, or see a friend?



<https://time.com/5828413/>

You could take a photograph of something that makes you happy.